



Thursday
24 July 2025

FRIENDS OF ABLE NEWSLETTER

WWW.FRIENDSOFABLECEPROJECT.IE



FRIENDS OF ABLE
A better life for everyone!

About Us

Friends of ABLE Community Employment Scheme strives to promote the abilities of its participants, give opportunities to train for a chosen career path and provide support in the search for employment.

The CE Scheme gives participants the time to demonstrate to potential employers their commitment to full employment while contributing to the fabric of the community, the spirit inherent in all Kerry communities and promote the volunteer ethos that is the structure behind all Irish community groups.

Friends of ABLE demonstrates that if one achieves their full potential, this will in turn ensure equal opportunities and full participation in all aspects of the lives of its participants. With the support of the sponsoring committee we aim to promote a better quality of life for all people in the community, we have an expert awareness of the barriers faced by people in long term unemployment and have adopted a broad and realistic method towards breaking these barriers.

News

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We are involved with various projects and community partners in Tralee.
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Austin Stacks GAA Club

Austin Stacks GAA Club is proud to support The Cross Over Academy Football Summer Camp, taking place from Tuesday 5th August to Friday 8th August at the state-of-the-art MTU Kerry Sports Academy.

Open to boys and girls aged 5 to 14, this exciting camp promises a fun and competitive environment, featuring guest coaches and top-class football training.

Our very own Kieran Donaghy, a true club legend, extends a special invitation to all Rockies, especially the younger generation, to come out and get involved.

Don't miss the chance to learn from the best, make new friends, and enjoy an unforgettable week of football!



Austin Stacks GAA Club



The Austin Stacks Summer Camp is taking place on Monday 28th July to Friday 1st August, running from 9:30am to 1:00pm at our club grounds. Open to children born in 2020 or earlier, this camp promises a fun-filled week of football, games, and laughter with friends.

Registration takes place on Monday morning and is €50 per child or €80 per family (cash only). Whether you're a regular or it's your first time, we look forward to welcoming all Rockies and friends for an unforgettable week of fun and sport!

John Mitchels GAA Club



The John Mitchels GAA Summer Camp starts on Tuesday 5th to Friday 8th August, from 9:30am to 1:30pm.

Boys and girls aged 5 to 12 are invited to join us for a week of football, arts & crafts, games, and team challenges for making new friends.

If you're looking to enjoy the summer this camp is the place to be! €60 for one child and €30 for each additional child, offering fantastic value for all the fun and memories. Let the fun begin, see you there!



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Tralee Chamber

Get ready as Féile Thrá Lí (Tralee Street Fest) returns for its 3rd year from Friday 15th to Tuesday 19th August 2025, bringing 60+ hours of free events to the heart of Tralee!

There's something for everyone, from live entertainment and family-friendly parades to marching bands and a celebration of Irish culture at Páirc an Phiarsaigh.

Enjoy wellness activities at the beautiful Tralee Bay Wetlands (sponsored by Ballygarry Estate & Spa) and don't miss the Rose Parades, featuring stunning all-electric KIA floats and exciting international marching bands!

Check out www.traleestreetfestival.com for the full schedule and follow us on social media for all the updates. Let's make this year's festival the best one yet!



Rathass Cemetery CE Scheme



The team at Rathass Cemetery works tirelessly to maintain the grounds, ensuring they remain a place of peace and reflection. Through all weather conditions, they attend to every detail with care, from the cut lawns to the vibrant flowerbeds, preserving the cemetery's natural beauty.

Their dedication is a reflection of the deep respect they have for those laid to rest, and their efforts promise to keep Rathass Cemetery a serene sanctuary for both visitors and future generations.

Tralee Tidy Towns CE Scheme



Throughout July, the members of the Tralee Tidy Towns CE Scheme have been working diligently to maintain the town's cleanliness and beauty. Their efforts ensure that Tralee remains a welcoming, vibrant place for both residents and visitors to enjoy.

With a strong focus on preserving the local environment, the team is committed to upholding high standards and making Tralee an even better place for everyone to live, work, and visit.

Enjoying the newsletter?

Why not share it with friends and colleagues!

Adapt Kerry Charity Shop

Explore the offerings at Adapt Kerry Charity Shop this July by browsing their in-store selection. New stock awaits alongside items from their June window display, all available for purchase starting on Tuesday, 1st July from 9.30am.

Please be aware that items from their window display cannot be reserved or held.

Whether you're aiming for a stylish or casual look, featuring esteemed brands such as Tommy Hilfiger, Michael Kors, and Levi's. You'll be sure to find something to suit every taste and occasion.

Located at Matt Talbot Road, Tralee, the Adapt Kerry Charity Shop welcomes visitors Monday through Friday from 9:30am to 5:00pm, and Saturday from 10:00am to 2:00pm.

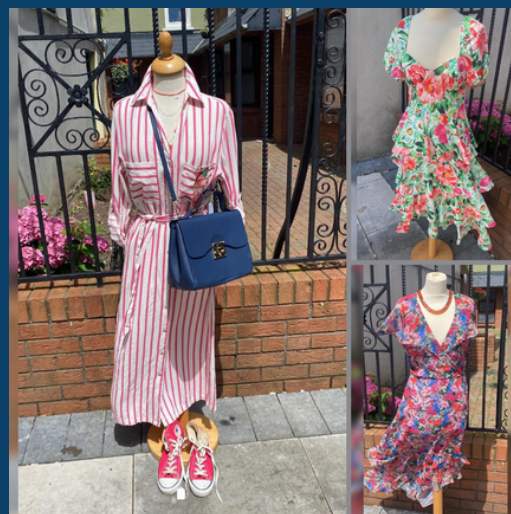


Available Job Positions We're Hiring

- **Maintenance Person**
Enable Ireland Children's Service Tralee
- **Community Link Worker**
Kerry Travellers Community Development Project Tralee
- **Environmental Worker**
John Mitchel's Football Club Tralee
- **Pitch Maintenance**
Austin Stacks Football Club Tralee
- **Environmental Worker**
Tralee Tidy Towns
- **Housekeeper**
Adapt Women's Refuge Tralee
- **Green Keeper**
Tralee Pitch & Putt Club
- **More vacancies can be found on our Facebook page**
www.facebook.com/friendsofable

SEND YOUR CV TO: ANNE@FRIENDSOFABLECEPROJECT.IE

Oxfam Tralee



Discover new items in-store today, browse their extensive collection of women's, men's, and children's clothing, all being offered at unbeatable prices.

In addition to clothing, you'll find a selection of books, CDs, videos, and a large variety of accessories like hats, scarves, and sunglasses.

The Oxfam Tralee store is now open from Monday to Saturday at 9:30am to 5:30pm, and Sunday at 12:00pm to 4:00pm.



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Kerry Parents & Friends Association



Established in 1973 to support families of people with an intellectual disability and the Franciscan Sisters of the Divine Motherhood in their work at St Mary of the Angels, Beaufort near Killarney. The Association became a service provider in its own right in 1978, in response to an urgent need for services for adults with an intellectual disability in Kerry. KPFA now provides Residential and Day Services, Training for Life, Community Integration Programmes and Individualised Services for more than 200 adults, in various locations throughout Kerry. Being a member of the National Federation of Voluntary Bodies it works in partnership with the HSE to provide quality services.

Oxfam Tralee



Oxfam has been located near the popular town square since 1998, and has been operating for over 24 years with a great selection of clothes for women, men, and children, along with music, books, jewellery, and bric-a-brac. The Oxfam store always accepts donations of quality undamaged items that others no longer want. Volunteers who join the Oxfam team are involved in the work that takes place within the heart of the shop which is a hive of activity with lots of chats, opportunities to meet new people, and learn new skills while having plenty of fun.

Enable Ireland - Adult and Children Services Tralee



Enable Ireland works in partnership with those who use their services to achieve maximum independence, choice and inclusion in their communities and focuses on the person, not the disability. They believe that access, inclusion and equality are basic rights for all people and assert that society must recognise and accommodate individual needs.

"All of us have a responsibility to adapt our world for the person with a disability rather than demand that that person adapts to us"

John O'Sullivan
CEO, Enable Ireland

Rathass Cemetery CE Scheme Tralee



Rathass / Ratass cemetery, the largest graveyard in Kerry and the main burial place for Tralee, dates from the early medieval Christian period, and the Ogham Stone in the church suggests the area had significance from an even earlier period. Today Rathass cemetery is maintained under the Rathass Cemetery CE Scheme which works alongside the Kerry County Council to help keep the cemetery clean, litter free and presentable to the towns standards. The scheme participants will complete industry standard training in manual handling, safe pass, pesticide distribution and several other environmental related courses.

Tralee Tidy Towns CE Scheme



The Tralee Tidy Towns group work alongside the Kerry County Council and other groups with the ambition to keep the town of Tralee and its' environs clean, litter free and presentable to the towns standards. The group is made up of people who are committed to making Tralee a better place for all. They carry out general maintenance of the town on a daily basis covering various areas of the town. Main activities include but are not restricted to painting, litter picking, etc. They aim to ensure that the town's position in Tidy Towns is improved. Scheme participants will complete industry standard training in manual handling, safe pass and several other related courses.

Tralee Chamber Alliance



Tralee Chamber Alliance is to put more emphasis on promoting the business community in the town with a view to attract more jobs to Tralee. The core principal of the Alliance is to promote the growth of the town industrially and to foster pride in the town among the community of Tralee. Its board is made up of twenty business and community leaders of the town, with sectors including - Town Image & Community Pride, Retail, Parking and Planning, Enterprise & Employment and the Chief Executive heading up the Tourism & Marketing Sector. They aim to develop tourism, a positive attitude and pride within the town, and present a positive picture of Tralee.

Follow us on our
social networks



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www.friendsofableproject.ie

Kerry Travellers Health & Community Development Project



It has been established since 1997 and is based on an acknowledgement of the separate and distinct culture of the Traveller Community. Participants working within the project work as either a community link worker or as an information officer. These officers are tasked with setting up group meetings within the Travelling Community, help improve integration into full time work or education, and making sure that members of the Travelling Community have full knowledge of all activities and events that are taking place within the project. They are also involved with working closely with the project Administrator as well with helping with the running of the office.

Adapt Kerry - Women's Refuge and Support Services



Established in the early 1990's by a group of parents in Tralee who were supporting their own adult daughters through the issue of Domestic Violence and were concerned about the impact of this trauma and the absence of a dedicated domestic violence service in the County. This local group fundraised for the construction of a refuge in Tralee to provide a place of safety for women and children in Kerry whose lives were affected by Domestic Violence. The local group was officially incorporated in 1992 as ADAPT Kerry Limited and opened its doors to its first families in 1996. Their aims are to offer support to female victims and their children, and to raise awareness of the issue.

Coolmine Therapeutic Community



Coolmine Therapeutic Community is a leading drug and alcohol treatment centre in Ireland, established in 1973, with a mission to empower individuals and their families to overcome addiction and support long-term recovery. Their programs are designed to provide personalized care, with a focus on community-based support and evidence-based therapeutic interventions. Over the years, they have expanded nationwide, providing services that address emerging trends in addiction. Coolmine's comprehensive approach includes residential programs for men, women, and mothers with children, as well as community-based support aimed at building a positive future.

Tralee Pitch and Putt Club



It was established in 1969 and it has provided an avenue for people who are passionate about the game to come together in a relaxing atmosphere. The Tralee Pitch and Putt Club is located in a quiet area, far from the hustle and bustle of the town and is open to every member of the public. The Club has membership options available, and also offers green fee rates for tourists, visitors or those who just only play it once in a while. Scheme participants will all receive extensive training in course management, landscape caretaking and maintenance including all relevant certification in health and safety requirements. Guidance in event and venue management will also be provided.

Austin Stacks GAA Club Tralee



Austin Stacks is an urban GAA Club in the heart of Tralee which caters for nearly 40 teams and 500 members. The Complex located in Connolly Park is in need of constant maintenance and the participants will be trained in Field maintenance, event management and will take part in the various training schemes run by ABLE which will allow them to round out their certification with regards to green keeping, general maintenance and caretaking. This partnership with a local volunteer organisation shows the community integration which is the foundation of the success of Community Employment.

John Mitchels GAA Club Tralee



John Mitchels GAA Club, based in Tralee, County Kerry, is a historic and vibrant club with a strong presence in Gaelic football and hurling. Named after Irish nationalist John Mitchel, the club has a rich tradition of success and community involvement. It provides sporting opportunities for all ages, from youth development to senior teams, and is known for producing talented players who contribute to county-level teams. With a focus on teamwork, skill development, and fostering a sense of camaraderie, John Mitchels GAA Club plays a key role in Tralee's sporting culture.

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