FRIENDS OF ABLE NEWSLETTER

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About Us

Friends of ABLE Community Employment Scheme strives to promote the abilities of its participants, give opportunities to train for a chosen career path and provide support in the search for employment.

The CE Scheme gives participants the time to demonstrate to potential employers their commitment to full employment while contributing to the fabric of the community, the spirit inherent in all Kerry communities and promote the volunteer ethos that is the structure behind all Irish community groups.

Friends of ABLE demonstrates that if one achieves their full potential, this will in turn ensure equal opportunities and full participation in all aspects of the lives of its participants. With the support of the sponsoring committee we aim to promote a better quality of life for all people in the community, we have an expert awareness of the barriers faced by people in long term unemployment and have adopted a broad and realistic method towards breaking these barriers.

Tralee Tidy Towns CE Scheme:

The team are working hard at improving the town's overall appearance. - Page 2

Austin Stacks:

Join us for an Exciting Evening of Fundraising at the Quid Game Event. - Page 2

Adapt Kerry Charity Shop:

Don't miss the chance to explore the store and discover great deals. - *Page 3*

Oxfam Tralee:

Be sure to stop by the store and discover a wide range of fantastic products. - Page 3

Available Job Positions:

Have a look at the job openings we have available. We're Hiring. - Page 3

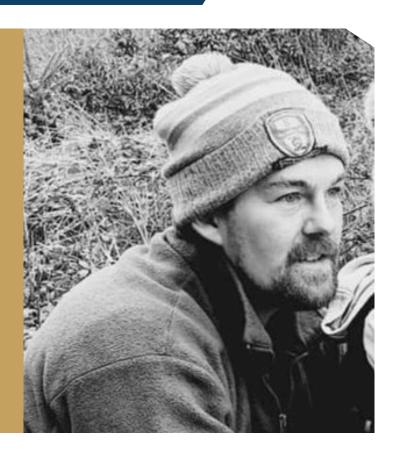
We are involved with various projects and community partners in Tralee. Learn more about - Pages 4 & 5

Friends of ABLE

Friends of ABLE/Tralee Tidy Towns want to take a moment to send our sincere and heartfelt best wishes to Jack McLoughlin as he starts an exciting new job. Jack has been a key part of our team, showing remarkable dedication and hard work throughout his time with the Friends of ABLE Project.

His positive attitude and commitment have truly made a difference, inspiring everyone around him and helping us achieve our goals in the community. Jack's contributions have left a lasting impact, and he will be greatly missed by all of us.

As he embarks on this new chapter, we want to express our heartfelt thanks for everything he has done. We wish you all the best in your future endeavours, Jack! Please keep in touch, we'd love to hear about your adventures!



Tralee Tidy Towns CE Scheme



The members of the Tralee Tidy Towns CE Scheme are committed to ensuring the cleanliness and tidiness of the town. Throughout October, they have been diligently working to enhance the surroundings of Tralee for the benefit of the entire community.

Their dedication helps Tralee maintain its appealing appearance and high standards while actively preserving the local environment. This commitment reflects a strong sense of pride in the community and a focus on creating a sustainable, inviting space for all.

Enjoying the newsletter?
Why not share it with friends and colleagues!

Austin Stacks



Join us for the Quid Game Fundraising Event on October 25th at the Ballyroe Hotel, Tralee, starting at 7pm! Inspired by the hit Netflix series, this exciting evening features six skillbased games, including "Red Light, Green Light" and "Tower of Tension."

Five Golden Tickets will be awarded to the top fundraisers, allowing them to skip elimination in the first two games. Don't miss this thrilling opportunity to support a great cause! Music will follow until late.

Adapt Kerry Charity Shop

Explore the offerings at Adapt Kerry Charity Shop this October by browsing their in-store selection. New stock awaits alongside items from their September window display, all available for purchase starting at 9:30am.

Please be aware that items from their window display cannot be reserved or held.

Whether you're aiming for a stylish or casual look, delve into their diverse in-store collection featuring esteemed brands such as Tommy Hilfiger, Michael Kors, and Levi's. You'll be sure to find something to suit every taste and occasion.

Located at Matt Talbot Road, Tralee, Kerry, the Adapt Charity store welcomes visitors Monday through Friday from 9:30am to 5:00pm, and Saturday from 10:00am to 2:00pm.



Available Job Positions We're Hiring

- Maintenance Person
 Enable Ireland Children's Service Tralee
- Maintenance/Caretaker
 Mount Eagle Lodge Tralee
- Housekeeper Adapt Women's Refuge Tralee
- Office Assistant/Receptionist
 Kerry Travellers Community Development Project Tralee
- Bus Driver
 Enable Ireland Adult Services Tralee
- Van Driver/Environmental Worker Tralee Tidy Towns CE Scheme
- Healthcare Assistant
 Kerry Parents & Friends "Mount Eagle Lodge" Tralee
- More vacancies can be found on our Facebook page www.facebook.com/friendsofable

SEND YOUR CV TO ANNE@FRIENDSOFABLECEPROJECT.IE



Oxfam Tralee



Discover new styles in-store today!

Explore their extensive collection of women's, men's, and children's clothing, all offered at unbeatable prices. In addition to clothing, you'll find a diverse selection of books, CDs, videos, and a variety of fashion accessories like hats, scarves, and sunglasses.

The Oxfam Tralee store is open Monday to Saturday from 9:30am to 5:30pm, providing plenty of time to shop and find great deals.

Kerry Parents & Friends Association



Established in 1973 to support families of people with an intellectual disability and the Franciscan Sisters of the Divine Motherhood in their work at St Mary of the Angels, Beaufort near Killarney. The Association became a service provider in its own right in 1978, in response to an urgent need for services for adults with an intellectual disability in Kerry. KPFA now provides Residential and Day Services, Training for Life, Community Integration Programmes and Individualised Services for more than 200 adults, in various locations throughout Kerry. Being a member of the National Federation of Voluntary Bodies it works in partnership with the HSE to provide quality services.

Oxfam Tralee



Oxfam has been located near the popular town square since 1998, and has been operating for over 24 years with a great selection of clothes for women, men, and children, along with music, books, jewellery, and bric-a-brac. The Oxfam store always accepts donations of quality undamaged items that others no longer want. Volunteers who join the Oxfam team are involved in the work that takes place within the heart of the shop which is a hive of activity with lots of chats, opportunities to meet new people, and learn new skills while having plenty of fun.

Enable Ireland - Adult and Children Services



Enable Ireland works in partnership with those who use their services to achieve maximum independence, choice and inclusion in their communities and focuses on the person, not the disability. They believe that access, inclusion and equality are basic rights for all people and assert that society must recognise and accommodate individual needs.

"All of us have a responsibility to adapt our world for the person with a disability rather than demand that that person adapts to us"

John O'Sullivan CEO, Enable Ireland

Rathass Cemetery CE Scheme



Rathass / Ratass cemetery, the largest graveyard in Kerry and the main burial place for Tralee, dates from the early medieval Christian period, and the Ogham Stone in the church suggests the area had significance from an even earlier period. Today Rathass cemetery is maintained under the Rathass Cemetery CE Scheme which works alongside the Kerry County Council to help keep the cemetery clean, litter free and presentable to the towns standards. The scheme participants will complete industry standard training in manual handling, safe pass, pesticide distribution and several other environmental related courses.

Tralee Tidy Towns



The Tralee Tidy Towns group work alongside the Kerry County Council and other groups with the ambition to keep the town of Tralee and its' environs clean, litter free and presentable to the towns standards. The group is made up of people who are committed to making Tralee a better place for all. They carry out general maintenance of the town on a daily basis covering various areas of the town. Main activities include but are not restricted to painting, litter picking, etc. They aim to ensure that the town's position in Tidy Towns is improved. Scheme participants will complete industry standard training in manual handling, safe pass and several other related courses.

Tralee Chamber Alliance



Tralee Chamber Alliance is to put more emphasis on promoting the business community in the town with a view to attract more jobs to Tralee. The core principal of the Alliance is to promote the growth of the town industrially and to foster pride in the town among the community of Tralee. Its board is made up of twenty business and community leaders of the town, with sectors including - Town Image & Community Pride, Retail, Parking and Planning, Enterprise & Employment and the Chief Executive heading up the Tourism & Marketing Sector. They aim to develop tourism, a positive attitude and pride within the town, and present a positive picture of Tralee.

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Kerry Travellers Health & Community Development Project

It has been established since 1997 and is based on an acknowledgement of the separate and distinct culture of the Traveller Community. Participants working within the project work as either a community link worker or as an information officer. These officers are tasked with setting up group meetings within the Travelling Community, help improve integration into full time work or education, and making sure that members of the Travelling Community have full knowledge of all activities and events that are taking place within the project. They are also involved with working closely with the project Administrator as well with

Sever OPMEN

Adapt Kerry - Women's Refuge and Support Services



Established in the early 1990's by a group of parents in Tralee who were supporting their own adult daughters through the issue of Domestic Violence and were concerned about the impact of this trauma and the absence of a dedicated domestic violence service in the County. This local group fundraised for the construction of a refuge in Tralee to provide a place of safety for women and children in Kerry whose lives were affected by Domestic Violence. The local group was officially incorporated in 1992 as ADAPT Kerry Limited and opened its doors to its first families in 1996. Their aims are to offer support to female victims and their children, and to raise awareness of the issue.

Tralee Community Bridge Club

helping with the running of the office.



The Tralee Bridge Club provides an avenue for the bridge lovers to come together and participate in either a competitive or fun environment. The group meets most week nights and is open to all ages. The only pre-requisite to joining in is that you must love bridge! The participant will follow the ethos of providing a fun but competitive environment for people to meet and play a game they love.

Tralee Pitch and Putt Club



It was established in 1969 and it has provided an avenue for people who are passionate about the game to come together in a relaxing atmosphere. The Tralee Pitch and Putt Club is located in a quiet area, far from the hustle and bustle of the town and is open to every member of the public. The Club has membership options available, and also offers green fee rates for tourists, visitors or those who just only play it once in a while. Scheme participants will all receive extensive training in course management, landscape caretaking and maintenance including all relevant certification in health and safety requirements. Guidance in event and venue management will also be provided.

Austin Stacks GAA Club

Austin Stacks is an urban GAA Club in the heart of Tralee which caters for nearly 40 teams and 500 members. The Complex located in Connolly Park is in need of constant maintenance and the participants will be trained in Field maintenance, event management and will take part in the various training schemes run by ABLE which will allow them to round out their certification with regards to green keeping, general maintenance and caretaking. This partnership with a local volunteer organisation shows the community integration which is the foundation of the success of Community Employment.



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